

PG DIPLOMA IN CLINICAL COSMETOLOGY & TRICOLOGY



**ONE-ON-ONE
HANDS-ON TRAINING**

INTRODUCTION

Skin being the largest organ of human body, it provides with identity and appealing aesthetics. Also does it serves as the first line of defense against various infections and microorganisms. Many a times due to unhealthy lifestyle, improper diet, improper nutrition, exposure to pollutants, and some other such factors our skin tends to lose its natural luster and glaze; these can also lead to various skin issues and diseases.

To nurture the skin and to enhance it for totaling the best of anesthetics in cosmetology; here we present you with a unique training programme designed especially for practical orientation and skill development. With a team of specialized and experienced faculty members you have a chance to develop skills, speciality in practice and connect with us. We also provide a life time technical and medical support in form of timely guidance, update in technology and online counseling to all our participants.

Hair although it is a by-product of our protein metabolism, yet it remains the most valued asset for every individual. Modern lifestyle has also carried along its toll on the society in the form of increasing issues related to hair loss.

To tackle the ever rising hair loss issues a sound knowledge of newer and advanced, sophisticated branch of medicine- trichology has evolved and come to rescue. We offer you the most fulfilled training along with skill development in this programme to enrich your medical knowledge with the updates in this field of trichology.

VISION

To enhance the doctor community with integrated approach for better and long lasting prognosis and results.

MISSION

To educate and share the innovative and integrated practices of medical advancements to evolve into a better improvised grade standard.

PROGRAMME SYLLABUS

- ✓ DERMATOLOGY
- ✓ COSMETOLOGY
- ✓ TRICOLOGY
- ✓ LASERS
- ✓ SLIMMING

SYLLABUS

1. Introduction to Cosmetology and Tricology
2. Scope
3. Challenges
4. Basic Anatomy & Physiology
5. Ayurvedic aspects of Anatomy & Physiology
6. Diseases - Introduction to common condition
 - Pathology
 - General line of treatment
7. Procedure Orientation & Demonstration
8. Model Practice
9. Hands on with partnering
10. Hands on practice of model
11. Hands on patient
12. Lasers - LHR, Q Switch
13. Botox and Fillers
14. Tricoscopic Analysis
15. Machine Training
16. Pathology and report reading
17. Panchkarma used in treatment
18. Weight management - Analysis
19. Weight management - Medically
20. Weight management - Procedures
21. Commonly used medicines
22. Product Orientation
23. Most useful books
24. Self Assesment test

PROCEDURES

1. TRICOLOGY

- Mesotherapy - hair
- P.R.P
- G.F.C - P.R.P
- Stem cell mesotherapy
- LLLT
- High Frequency
- Micro needling dermaroller
- Micro needling dermapen
- Tricoscopic Analysis
- Micro Pigmentation



3. LASERS

- IPL Diode - Hairremoval
- Nd Yag / Q Switch - Tatto removal
- Co2 - Resurfacing - Birth Mark
- Carbon facial
- Electrolysis hair



2. COSMETOLOGY

- Chemical Peels
- Vampire facial - PRP
- HSR
- Collagen induction
- Vitamin C infusion/Serum
- IV Glutathione
- Micro needling dermaroller
- Micro needling dermapen
- MDA
- Hydrafacial
- High Frequency
- Botox
- Filler
- Threads
- Dermatoscopy Analysis
- Wart removal



4. SLIMMING

- Cavitation
- Inj Lipolysis
- RF
- Body Shaping/Sculpting
- Facial Fat Sculpting
- Combination treatment
- Dietary recommendations
- Lifestyle modulations
- Integrated management
- Cryolipolysis
- EMS



COURSE FACULTY

DR. SWAPNIL RANE



Dr. Swapnil Rane is a Skin and Hair consultant based out of Pune. He has completed his Bachelor's in Ayurveda Medicine and Surgery from the College of Ayurveda and Research center in Pune. The vivid knowledge in the field of medical science along with his experience has enabled him with a holistic and inter-disciplinary vision and approach towards the treatment of various chronic and exasperating diseases of skin and hair. Dr Swapnil has successfully treated a variety of patients ranging from Psoriasis, Lichen Planus, Irritant allergic dermatitis, Acne, Melasma, Photo dermatitis, Lichen Simplex, Tinea infestations,

Herpes zoster, Herpes Simplex, Acanthosis, Intertrigo, Androgenic Alopecia, Seborrheic Dermatitis, Telogen effluvium, Eczema, Lichen planus, Impetigo, and many others as well. Working in the domain Skin and Hair with his varied experience, Dr Swapnil Rane has also developed multi-module therapies for hair loss in males and females depending on their cause of disease, stage of hair loss, and chances of prognosis. He has been a pioneer in integrating Ayurvedic herbal line of treatment with medical grade Cosmetology and Trichology treatments like Mesotherapy for skin and hair (medicines injected at the site), PRP (Platelet Rich Plasma) for hair and skin rejuvenation, hair fall, hair greying, hair thickening, scar, stretch marks, anti-aging, Vitamin C infusion, Micro-needling for skin and hair, natural derived chemical peels, light emitted high-frequency wave therapy, etc.

DR. CHANDRAGUPT CHAUHAN

Dr. Chandragupt Chauhan is a specialist in skin diseases. Having worked as an assistant to many renowned dermatologist since 2008 and asserting the vast knowledge of skin diseases he is now practicing for more than 10 years in the vicinity of Thane and Mumbai. He has till date worked as an SKIN SPECIALIST with more than 20 hospital. As of now he is working exclusively in Mumbai and sub urban region in association with more than 10 hospitals and has a private clinic at 3 location in Mumbai.



DR. VIVEK NEMADE



Dr. Vivek Nemade is a practicing pathologist from Pune. He is associated with multiple pathology labs as a honorary consulting pathologist. He is well-known for his interpretation of reading and precise reporting. Also Dr Vivek is a amid oretor and has special skill set of teaching the complex concept of pathology in the easiest way one can understand.

DR. POONAM RAGHUWANSHI

Dr. Poonam Raghuwanshi is a practitioner based out of Pune, holding an experience of 8 years and counting. She specializes in implants, Botox, and fillers; also she holds licensed certification from Allergan for the same. Dr Poonam has a very fine hand in micro pigmentation and thread implants. She is a renowned trainer and practitioner in the field of interventional cosmetology.



DR. SACHIN SARPOTDAR



Dr. Sachin Sarpotdar is a practitioner based out of Pune. His experience in practice of medicine spans from 1997 till date and counting ahead; with thousands of patients treated successfully. Expanding the horizon of his medical practice he a visiting faculty at centres in USA and European countries like Spain, Germany, Austria, Italy, and Switzerland. Today Dr Sachin Sarpotdar is a celebrated personality in the field of Ayurveda for his distinguished efforts. He is an eminent practitioner, popular speaker, articulate writer, active mentor for students and a social figure.

DR. AISHWARYA PANCHWAGH

Dr. Aishwarya Panchwagh holds a master degree (MD) in panchakarma, and is based out of pune. She practices Ayurveda and specialises in panchakarma procedures including mediated emesis, purgation, enema, blood letting, etc. She has a strong hold over panchakarma detox procedure customization as per individual. Dr Aishwarya has a unique skill set of managing and indivialising procedures to fit the need of working professionals.



DR. SNEHA TARE



Dr. Sneha tare is a cosmetologist & tricologist practicing in pune. She is an enthusiastic practitioner with expertise in cosmetology procedures, and has an amazing skill in delivering practical trainings of the same. Her experience of practice is varied and integrated with female health. This enables her to treat and counsel patients especially when gynaecological intervention is required. Students highly appreciate her lectures for the interactive communication and practical orientation delivered in the most friendly manner.

MR. MADHAV DATE



Madhav Date is a fitness expert based out of Pune. He specialises in Fat Loss & Weight Gain, Calisthenics, and hold a unique set of skills and expertise in integrated lifestyle and exercise management. Madhav is IIFEM certified for Advance Personal Trainer; along with certification for Nutrition & Supplementation Specialist. He also holds Pro bodybuilding cycles certification. He has also been a model and choreographer while working for multiple personalities in the industry. His overall experience spans to above 12 years and counting. In these long years of training he has trained hundreds of clients including specialist and super speciality Doctors like gynaecologist, orthopaedic, dermatologist, physicians, etc. Madhav has a wide experience in training special population suffering from Spinal & Disc issues, knee injuries, tennis elbow, obesity & other health issues.

MR. PRITAM VARADE



Mr. Pritam Varade is an authorised distributor of multiple imported products, and medical, cosmetics, surgical instruments and equipments. He also deals with consumables and product branding. Mr Varade owns a company and also provides service and maintainance all over india for medical professionals. He is also a trainer of medical grade instruments and equipments providing trainings to multiple brands and chain of clinics.

MS. SAKSHI CHAVAN



Sakshi is a young and dynamic cosmetology therapist, specialising in various astheics procedures. She is trained and experienced in therapies and procedures like medical grade hydrafacial, MDA, PRP extraction, lasers, etc. Alongwith the above skill set she is also a certified Phlebotomist.



COURSE SCHEDULE

Sr. No.	Time	Activity
1	9am - 10am	Lecture
2	10am - 11am	Discussion & Training
3	11am - 1pm	OPD
4	1pm - 2pm	Training
5	2pm - 3pm	Break
6	3pm-5pm	Lecture
7	5pm - 6pm	Discussion & Training
8	6pm - 9pm	OPD

Note: Sunday Off (Morning Extra Lecture Optional 10am-2pm)



For enrollment and enquiries,

Dr. Rane's Skin Hive Clinic

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 www.puneskinicare.com

 Ravet, Pune.

Note:

For outstation students, accomodation and food shall be provided/guided (not included in fees)

After course completion you can avail a stay-back internship for 2.5 months. Internship and experience certificate will be issued for the same.